



USA BMX

2020 Bounce Back Nationals

COVID-19 Safety Measures






NABHOLZ
BounceBack 
nationals

USA BMX remains committed to providing a safe, quality and fun environment for BMX racing at both the local and national level. For the past 42 years, the BMX track has been a sanctuary of fun for kids and families, and despite COVID-19, we plan to ensure this is still the case. For the Nabholz Bounce Back Nationals, USA BMX will be implementing a number of precautionary safety measures based on the recommendations of the WHO, CDC, state, county and local authorities.

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General Precautionary Safety Measures

Limited Spectators: USA BMX is encouraging a limit of one (1) spectator per participant in the track viewing area at any given time. We ask that all other family members remain in the rider's pit area. **Additionally, we recommend that anyone not feeling well, any spectators 65 years of age or older, or those who suffer from chronic or immunocompromised conditions, avoid attending this event.**

Remote Viewing: USA BMX will expand its normal coverage for national events and broadcast **ALL** of the weekend's races live via Facebook, YouTube and on usabmx.com/webcast at no additional cost.

Disinfecting Procedures - Hand Washing & Sanitizing: Rigorous cleaning and sanitation measures throughout the venue will be implemented to promote a clean and healthy environment. Additionally, ample hand washing stations and hand sanitizer will be available for all attendees. Staff will continuously monitor and disinfect the restrooms several times each day throughout the event.

Event Staff PPE and Screening: All event staff and volunteers will wear masks and use hand sanitizer throughout the event.

Upon reporting to work, all staff will have their temperature taken. Any staff demonstrating an elevated temperature will be sent home. Additional temperature checks will be required if staff start to feel ill.

ALL ATHLETES & SPECTATORS

PLEASE PRACTICE SOCIAL DISTANCING





General Precautionary Safety Measures Cont.

Medical Considerations and Coordination: USA BMX continues to work closely with city, county and state public health authorities throughout the event planning process, and will continue to obtain the most up-to-date information regarding the local COVID-19 situation. Local healthcare resources (e.g., local hospitals, urgent cares, emergency rooms, ambulance services) have been identified and notified of the event times and location. The event's Medical Action Plan has been developed with their input, and a flyer will be created with the name, address and contact number for local healthcare resources that can be given to athletes, coaches, event staff, media and spectators.

In the event a person feels unwell or shows symptoms of an acute respiratory infection during an event, the Medical Action Plan will provide measures to:

1. Detect and monitor event-related COVID-19;
2. Reduce the spread of the virus;
3. Manage and treat ill persons;
4. Disseminate public health messages specific to COVID-19.



Additional Safety Recommendations for All:

1. Adhere to social distancing of at least six (6) feet;
2. Frequently wash hands with soap and water or use hand sanitizer;
3. Avoid touching your face;
4. Sneeze or cough into a tissue, or the inside of your elbow;
5. Disinfect frequently used items and surfaces as much as possible;
6. Utilize face coverings.





Sport Specific Precautionary Measures

USA BMX has carefully developed improved practices as well as new protocols to maximize social distancing and eliminate person to person contact whenever possible.

Contactless Registration: To minimize person to person contact for registration, USA BMX will **require** web-based registration via personal computer or mobile device. To encourage attendees to pre-register online, we will offer an early bird \$10 discount per entry (class/cruiser) and \$5 discount per entry (open) for all pre-registrations taking place before 7 p.m. central time Tuesday, June 2nd.

On June 3rd, online registration will re-open at full price (\$60), and remain open until 8 a.m. central time on Friday, June 5th.

NOTE: Unfortunately due to the limited planning time, USA BMX is unable to provide the traditional host hotels and the Stay to Save discount. We thank you for your understanding and apologize for this inconvenience.

Customer Service: There will be limited onsite registration and corrections. This interaction will now take place with a glass barrier between the attendee and USA BMX staff. Additionally, USA BMX staff will be utilizing personal protective equipment (PPE). To ensure social distancing we will only have two registration windows open and ask that all attendees observe social distancing while waiting for assistance. Online registration will also be open during all onsite registration times. If possible, we ask that participants complete their registration online rather than in person.

Moto Sheets: Moto Sheets will **NOT** be posted on-site, rather published online at motos.usabmx.com. All subsequent postings (repost, quarters, semis, mains) and results will be online as well.





Sport Specific Precautionary Measures Cont.

Staging: To ensure proper distancing, the size of the staging area will be substantially increased and lengthened. Riders will be spread out in a much longer larger area both within the 10 chutes as well as on the way to the starting gate to create additional distancing. **Only parents of riders ages 5 & Under will be allowed in the staging area (chutes to the gate). No other parents will be allowed.** Parents of younger riders are encouraged to help their rider load into their chute, but can go no further. We will have additional staff throughout staging to assist with this modification.

Staging for Practice: Riders will be required to stage for practice through the chutes in order to maintain distancing.

Special Considerations: Helmets must be worn while in the staging area. We ask that riders only come to staging when their race is close to being called. Staging may run slower than usual, so please be patient.

Finish Line Area: At the conclusion of each race, riders must immediately leave the finish line area to return to their pits. Helmets should be worn all the way back to the pit areas, and there will be no congregating at the finish line allowed.

Finish Verification: If riders need to verify their finish, we ask they visit motos.usabmx.com, and they should be updated at least every 15 minutes. Do NOT return to the finish line or the USA BMX trailer!

Video Review: Riders/Parents will not be allowed to come to the finish line to check the video. All close finishes will be video reviewed and verified. We will also have the announcer make an announcement should a video change a finish. Any result in questions should be brought to the USA BMX trailer.





Sport Specific Precautionary Measures Cont.

Protest: To minimize congestion at the finish line and to ensure distancing, there will be no protest regarding action on the track. USA BMX officials are well trained and taught to call fouls as they happen. These officials will make a determination immediately if an incident is deemed a foul or a no call. Once the official has made this determination and the head official has confirmed and documented a foul or no call, that decision is final. All other track-related questions can be brought to the USA BMX trailer.

We ask that when riders congratulate other riders, they do so by simply saying “Good Race” instead of hugs & high-fives. Parents will not be allowed in the finish line area for any reason.

Trophy Slips: All riders in the main event will receive an award. When a rider crosses the finish line, they should look for the sign that corresponds to their finish. If they placed first, they should go to the 1st place sign, where they will receive their trophy slip.

We certainly understand that these protocols deviate from our normal operating procedures. However, please know that we are able to host this event because these protocols are in place, and they will enhance distancing in an effort to keep our BMX family safe. If you have any questions on-site, please see a USA BMX staff person for assistance. We truly appreciate your understanding and patience during this time, and we are excited that we are able to bring our BMX family together at Mayes County BMX for the Nabholz Bounce Back Nationals!

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